



MANOVIKAS CHARITABLE SOCIETY

ANNUAL REPORT

2024-25 :: :: :: :: ::



<https://manovikasfamily.org/>



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Manovikas At Glance



Manovikas Charitable Society is a registered organisation under Society Registration Act 1860 of XXI at NCT of Govt. of Delhi. The Society fulfils all statutory compliances under Govt. Acts and provisions including FCRA, 12A and 80G since the year 2000.

In the year 1997, the like-minded volunteers and some donors have conceptualised the Manovikas Charitable Society (MCS) and since then the Society is called as Manovikas Family by our donors, stakeholders and community as large.

Manovikas's Core Areas of activity: Creating opportunities for Inclusion

Manovikas Family is making proactive efforts to mainstream persons with disabilities at different stages of life through :

1. Advocacy
2. Care
3. Education
4. Mental health
5. Spirituality

Vision

We aim to celebrate the diverse beauty within us all, fostering unity and understanding among individuals from all walks of life.

Mission

To be the leading advocate for individuals with intellectual and developmental disabilities (IDD) and ensure their full inclusion in India's social, economic, and political fabric. We empower individuals to reach their full potential and promote societal equity through support, education, advocacy, and in us all, fostering unity and understanding among individuals from all walks of life.



Objectives

The overall objective of the Manovikas Charitable Society is, to help create a bright future for those with an intellectual and developmental disability and who have very limited resources to help them achieve the quality of life independence, and inclusion. The three main areas that the organization focuses on are Care, Education, and Advocacy.

- To enable and empower persons with disability to live as independently and as fully as possible within and as close to their community as possible;
- To facilitate the realization of equal opportunities, protection of rights, and full participation of persons with a disability;
- To extend support to its registered organizations to provide need-based services.
- To evolve procedures for appointments of guardians and trustees for persons with disabilities.

PROGRAMME ENGAGEMENT

What we do



Care

Advocacy



Education



Mental Health



Spirituality



Manbhavan Mitr Mandali - A Self Advocate Group

Manbhavan is initiated upon the idea that our persons with disabilities have special minds and a soul, and that minds and soul are a source of endless energy for love. With this inspiration, we can create a loving environment in the family and community.

Manbhavan creates friendship in the lives of individuals with special needs and those facing isolation while providing an opportunity to learn joyful skills and make their own choice to improve self-esteem and positive behaviour. Through joyful learning and our programming, Manbhavan aims to promote an inclusive community that values all individuals regardless of the challenges, they face.



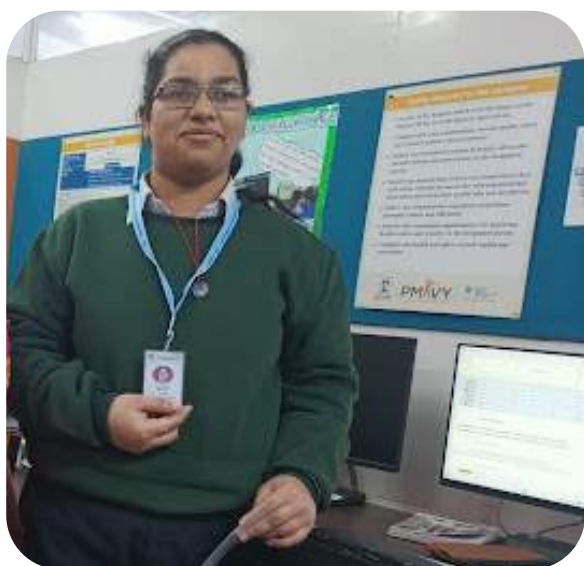
Manovikas Self Advocacy Group

Manovikas Self Advocacy Group is dedicated to enriching the lives of individuals with intellectual and developmental disabilities (IDD) by fostering self-determination, inclusion, and well-being.

Empowering Self-Advocates:

Stepping Up: A Year of Leadership and Growth -

"The self-advocate group decided to take a step towards leadership by conducting elections and electing a president, vice president, treasurer, and a governing body to work more effectively and efficiently.



Leadership Development: The group made significant strides towards self-governance by initiating the registration process as a registered society.

Governance Expansion: Ms. Tanya Bhutani and Ms. Deepika were unanimously welcomed as new members of the Governing Board of Manovikas Charitable Society, strengthening the organization's leadership.

Community Engagement

Aanchal and Khushboo are shining examples of determination and inclusivity, as they continue to thrive in their studies at Ramjas College. Having successfully completed their first year of the BA program, they're now eager to take on new challenges in their second year. Their journey is a powerful testament to the importance of resilience and community in education. With the support of their friends and teachers, Aanchal and Khushboo have embraced college life with confidence and enthusiasm. They're often seen engaging in lively classroom discussions, and their friendship has become a source of inspiration for those around them.



A remarkable instance of **social inclusion** is reflected in the journey of a self-advocate who, after completing vocational training at Manovikas, secured a well-paying job with the Dharampal Satyapal Group. A few months ago, this individual married a fellow employee from the same organization, with the wholehearted support of both their families.



Enhancing Communication and Accessibility:

Accessibility Review: Manbhavan Mitr Mandali's monthly meeting in May 2024 focused on accessibility and inclusivity, with self-advocates providing valuable feedback on improving the clarity and ease of understanding of communication materials through easy read resources.



Communication Skills Enhancement: A collaborative training program with Dr. Anupama Narla smile volunteer USA equipped five self-advocates with enhanced communication skills, fostering a joyful learning experience and building a strong foundation for self-advocacy.



National Workshop: Self advocate group also participated in national seminars and workshop in February and July 2024, organised by Manovikas featuring Tanya Bhutani and Deepika as resource persons, focusing on Reasonable accommodation, effective communication strategies, overcoming communication barriers, and the importance of self-advocacy.

Promoting Well-being:

Comprehensive Well-being Training: A comprehensive training program on well-being for individuals with IDD was conducted in September 2024. Over 25 adults with IDD and their families participated, learning practical strategies to enhance their mental, emotional, and physical well-being.



Sexuality and Reproductive Health Education: In collaboration with the All India Women Education Fund Association, Manovikas conducted a crucial training session on sexuality and reproductive health care for girls, addressing essential topics like menstruation, personal hygiene, and body safety.

Manbhavan Self Advocacy Group is committed to building upon these achievements in the coming year. We will continue to organize impactful programs that promote self-advocacy, create inclusive spaces, and empower individuals with IDD to lead fulfilling and enriching lives.

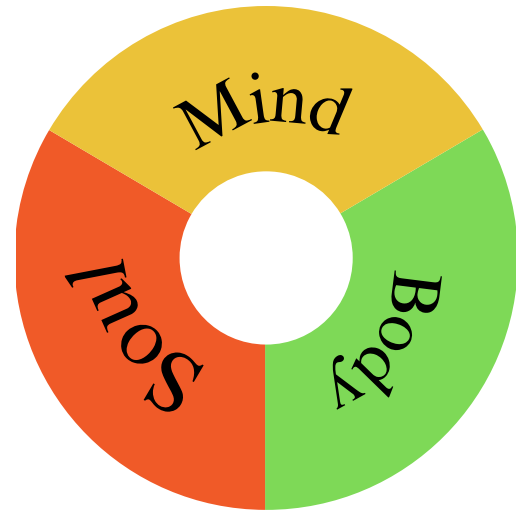


SMILE (Special Minds In Loving Environment)

SMILE is the key to the heart and will open the heart to compassion for these special children. To collect a lot of SMILE. A complete makeover of mind, body and soul with various activities.

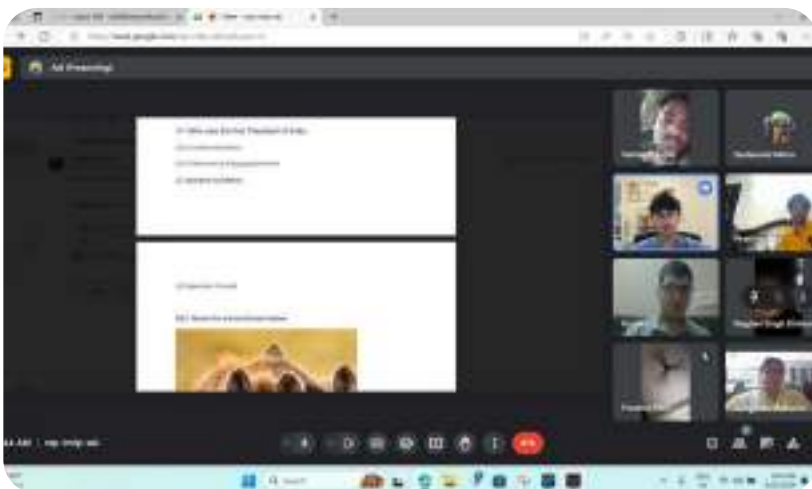
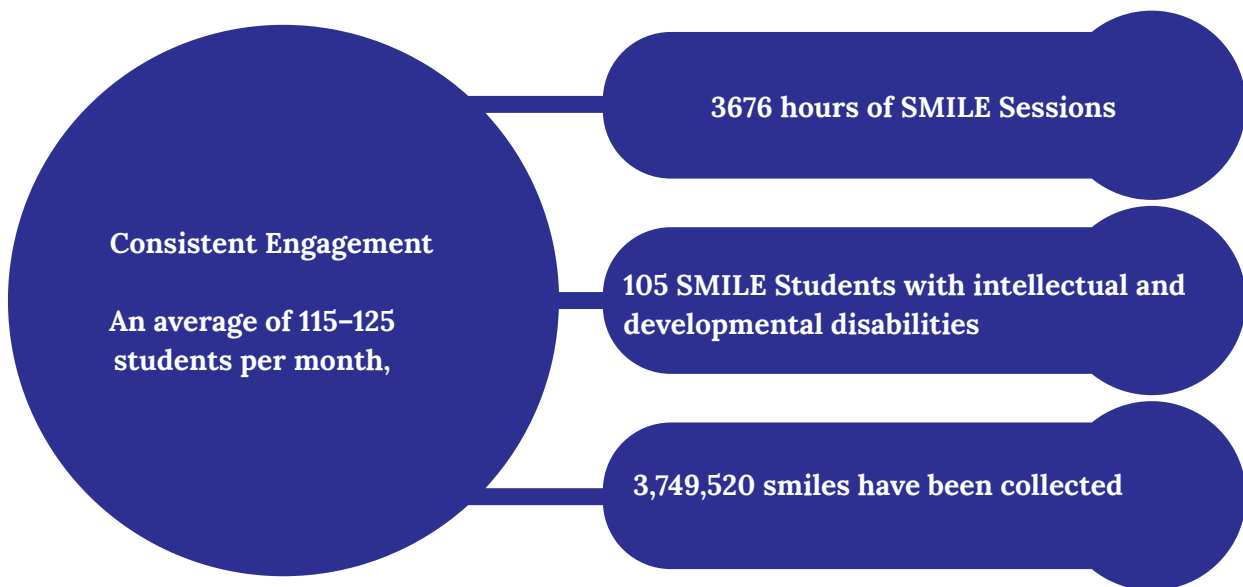
This year, Smile witnessed significant growth and impactful initiatives.

New chapters were added, including General Knowledge, Improve Math Calculation Accuracy and Efficiency with calculator, Indian sign language and Public speaking



Key Insights:

Community Engagement: 120 Smile Members, including 13 SMILE Volunteers and 6 SMILE Teachers



Adi: Empowering Student General Knowledge

Adi enhances students' general knowledge through updated resources. This initiative culminated in students participating in a quiz competition, with one student achieving a commendable third-place position.

Igniting a Passion for Numbers

Anushka, an enthusiastic youngest volunteer, has inspired a love for mathematics among our secondary-level students. Initially facing challenges with basic calculations, students have made remarkable progress under Anushka's guidance. Her innovative teaching methods have simplified complex concepts and boosted their confidence.



Bridging Communication with Indian Sign Language

Aashi Mishra, a passionate young volunteer, introduced Indian Sign Language to students with special needs at Manovikas Charitable Society. Her engaging teaching style made learning enjoyable and accessible, focusing on basic skills like counting and colours. Students readily embraced sign language, enhancing their communication abilities and fostering stronger connections within the community.



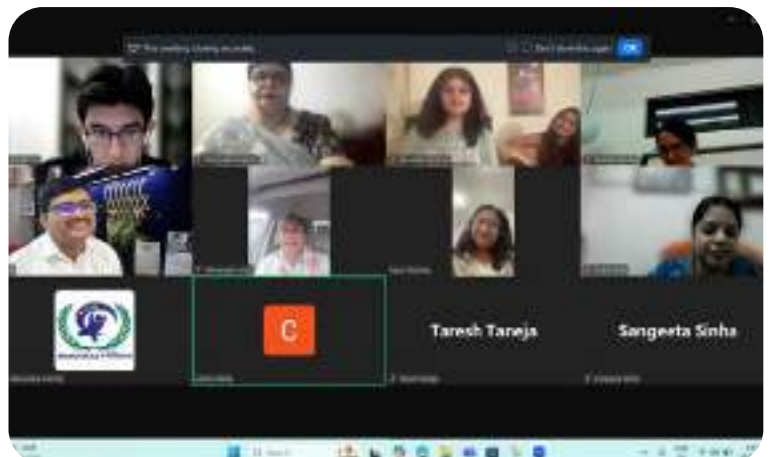
Empowering Self-Advocacy through Communication

Dr. Narla's Communication Class has empowered the Self-Advocate Group with enhanced communication skills. Through personalised techniques, the group has overcome initial communication barriers and gained confidence in expressing themselves.



Training on Diverse Learning Styles

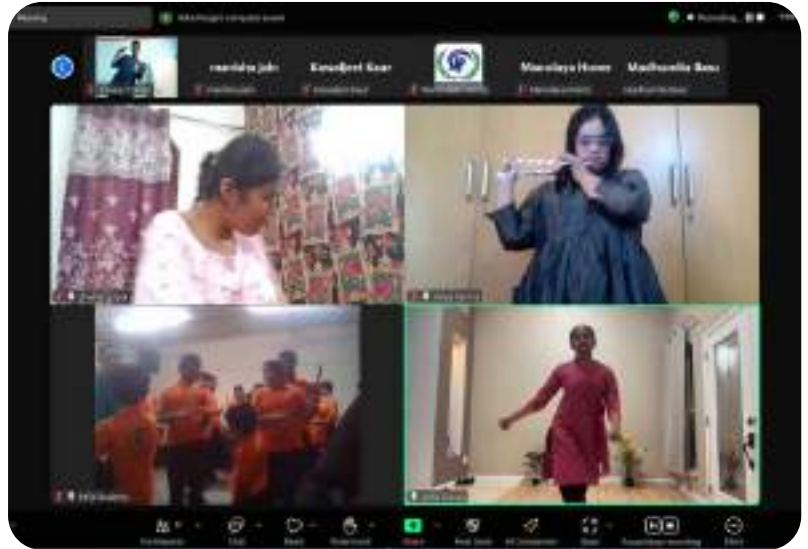
Volunteers received training on the diverse learning styles of individuals with Intellectual and Developmental Disabilities (IDD), led by expert **Dr. Himangshu Das**. He emphasized the need to understand and adapt to individual learning needs, sharing personal stories and experiences that highlighted the power of empathy and adaptability in teaching.



Celebrations

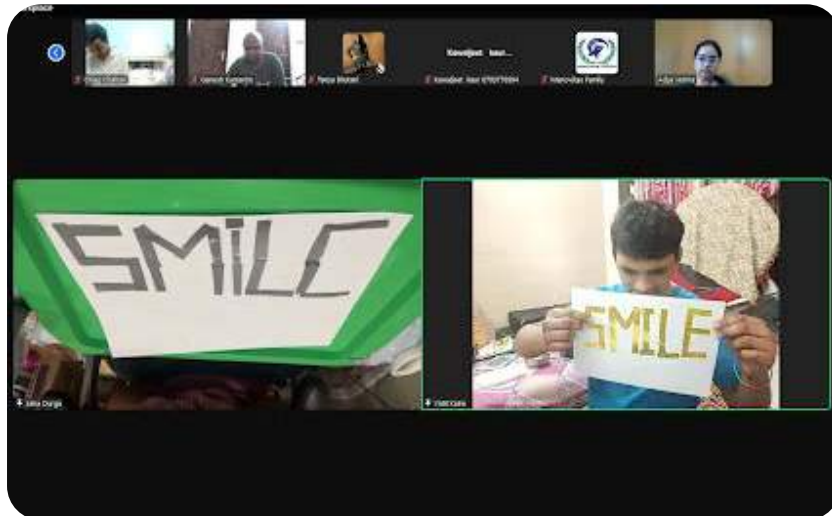
Manbhavan Talent Show

The Manbhavan Talent Show provided a platform for participants of all ages to showcase their talents. The event was successful, with captivating musical performances, mesmerising dance routines, and impressive instrumentals. Attendees not only enjoyed their favourite songs but also embraced the diverse musical talents within our community.



Celebrating Teachers' Day

A special celebration honoured our esteemed teacher/volunteer, Asha. Participants engaged in a creative craft activity, expressing gratitude by crafting unique "smile" designs. The event also included a lively dance session, adding extra joy



Spreading Joy with Ice Cream

A Smile USA volunteer, Dr. Gauri Sharma, organised an ice cream treat for the Manovikas family. This heartwarming gesture fostered community and created lasting memories.





Kaka's Growth and Progress



Dr Nidhika Taneja, senior volunteer note, highlights the remarkable progress of **Kaka**, a student who has shown significant improvement in his reading and language skills. She wrote, “Kaka's reading skills have improved significantly. He can now read fluently and confidently and even interpret the meaning of complex sentences. His newfound confidence has also allowed him to take on a leadership role, helping his peers with their reading. I am truly impressed by his dedication and hard work. With continued practice, I am confident that he will continue to excel in his academic journey.”



A New Beginning: Deepika's Success Journey



Success Story: Deepika

Mrs Bobal, a proud parent, shared her appreciation for Smile Classes and the significant progress her daughter, Deepika, has made. She said, “Before enrolling in Smile Classes, communicating effectively was difficult for Deepika. She often found it difficult to express herself clearly. However, through the program's effective methods, Deepika can now confidently construct simple sentences. This newfound skill has greatly boosted her self-assurance and ease in conversations.”



**Mrs Bobal,
Deepika's Mother**

Training Empowerment and Entertainment Department (TEED)

The Training Empowerment and Entertainment Department (TEED) has had a vibrant and productive year, marked by a variety of workshops, events, and ceremonies aimed at promoting inclusion, empowerment, and professional growth. The department has continued its commitment to enhancing the quality of services and building the capacities of staff, students, and stakeholders through innovative training and awareness programs



Easy Read Workshop with Staff

It was conducted to improve communication accessibility within the organization. This workshop focused on helping staff members understand and implement Easy Read formats, ensuring that individuals with intellectual and developmental disabilities can access important information in a way that is clear, simple, and respectful. The session helped foster an inclusive environment and encouraged staff to use accessible formats in their day-to-day communication.

National Workshop on Assessing Self-Determination Skills and Establishing Self-Advocacy Programs.

From 18th to 20th July 2024, TEED hosted the National Workshop on Assessing Self-Determination Skills and Establishing Self-Advocacy Programs. With 78 active participants from across the country, the workshop provided a platform for educators, professionals, and caregivers to learn strategies to empower individuals with disabilities



The sessions emphasized the importance of promoting independence, decision-making, and self-advocacy among persons with disabilities. The event was well-received and noted for its informative and practical approach.

Reeta Peshawaria Oration Award Ceremony and National Workshop



Another major highlight of the year was the Reeta Peshawaria Oration Award Ceremony and National Workshop, organized by Manovikas Charitable Society in collaboration with the Reeta Peshawaria Centre. The event took place at CMS College, Kottayam, Kerala, and brought together 150 participants. It honored the legacy of Reeta Peshawaria, a pioneer in the field of disability rights and advocacy. The ceremony was especially memorable due to the presence of Dr. Kiran Bedi, Reeta Peshawaria's sister, who shared personal insights and reinforced the importance of continuing her sister's mission. The event was a blend of tribute, learning, and inspiration.

Google Drive and Learning Management Systems (LMS) for diploma students



In 2024, the Training Empowerment and Entertainment Department (TEED) conducted 40 training sessions on Google Drive and Learning Management Systems (LMS) for diploma students. A total of 140 students—70 from Deepshikha Ranchi and 70 from Manovikas—participated. They were divided into four groups of 35 students, with each group attending 10 sessions. The training focused on practical skills such as file management, collaboration on Google Drive, and LMS navigation. Students responded positively, showing improved confidence and digital proficiency.

2025 Convocation Ceremony

The 2025 Convocation Ceremony was a significant and spiritually uplifting event, held on 2nd January 2025. The ceremony was attended by around 200 people, including students, teachers, and guests.



Sh. Arvind Sharda delivered a thought-provoking talk on the spiritual significance of Omkar, explaining its composition from the sounds A, U, and M and its representation of the three states of human consciousness—waking, dreaming, and deep sleep.

His talk resonated deeply with the audience. Dr. Kiran Bedi graced the occasion as the guest of honor. She congratulated Dr. Alok Kumar Bhuwan on his birthday and offered her heartfelt blessings to the graduating students, inspiring them to pursue their future with determination and purpose.

A Practical Guide to Person-Centered Planning

On 22nd March 2025, TEED organized a well-attended online webinar titled "A Practical Guide to Person-Centered Planning." This session focused on personalized support planning for individuals with disabilities, emphasizing respect for individual choices and goals. The webinar had a strong digital presence with 175 participants joining via Zoom and 127 viewers participating through Facebook and YouTube live streaming. The session was interactive and well-received, demonstrating TEED's effective use of digital platforms to reach a broader audience.



Community Empowerment Program (CEP)

Services	No. of beneficiaries
Legal guardianship	35
Nirmaya health Insurance Scheme	55
Assistive aids and appliances	25
UDID Cards	25
Awareness Camp regarding government schemes	5

During the year 2024, the Services Department continued its commitment to supporting persons with disabilities and their families through a range of essential services. Key initiatives included assistance with obtaining **legal guardianship**, facilitation of enrolment under the **Niramaya Health Insurance Scheme**, and support in acquiring **assistive aids and appliances**. Additionally, the department actively helped beneficiaries apply for and obtain **Unique Disability ID (UDID) cards**, ensuring better access to government benefits and entitlements. These efforts reflect the department's dedication to enabling inclusive support systems and improving the quality of life for individuals with disabilities.



Manolaya

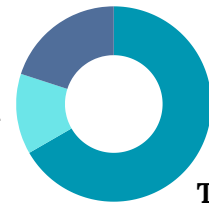
This year, our program served a **total of 10 students**, demonstrating our commitment to providing consistent and impactful support. We welcomed **2 new students into our community**, expanding our reach and offering vital services to a broader group. Notably, **3 students successfully reintegrated into the wider community**, a testament to the effectiveness of our interventions and the dedication of our staff. These outcomes highlight our program's ability to facilitate both growth and successful transitions, contributing to the overall well-being and progress of the individuals we serve

Get Back in the community

3

New Admission

2



Total Students
10



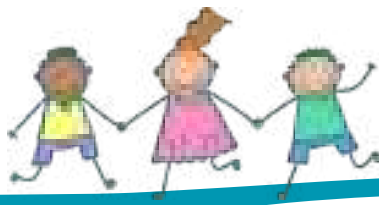
Where Nature Smiles and They Glow

This year, we have incorporated park visits as a regular activity once a week, with a special focus on the all-round development of members. We believe that time spent in natural surroundings is extremely important for members, promoting their physical and mental development. Activities such as swinging, playing football, and running in the park improve children's physical abilities, as well as provide them with an opportunity for social interaction and builds their confidence and develops a sense of sociality.

Participated in Talent show programme organised by INDIAN OIL



"The Indian Oil talent show provided a platform to showcase the talent through dancing and singing. Three members from Manolaya participated in a talent show, showcasing their dance skills. They were all well-received and appreciated by the audience."



"Celebrate. Connect. Cherish the Moments."

Throughout the year, the hostel fostered a vibrant and inclusive community, celebrating a diverse range of cultural and national events. Students enthusiastically marked personal milestones with birthday celebrations, and collectively observed significant national holidays such as Republic Day and Independence Day. The festive spirit extended to religious observances, including Janmashthmi, Diwali, Christmas, Lohri, and Holi, reflecting the rich tapestry of our student body. Furthermore, active participation in Ganesh Chaturthi and Saraswati Puja highlighted the students' engagement in cultural traditions, enriching the hostel's communal experience.



Dental checkups for students

Free Dental Camp was organised by Manovikas for Screening & Consultation!" With the support of **Dr. Abhimanyu Singh**, MDS- Pediatric Dentistry students from manolaya were able to benefit from this initiative, ensuring better oral health for all.

Participated in World Down Syndrome Day



On the occasion of World Down Syndrome Day, Manovikas family planned fun activities for persons with disabilities to spread awareness about the same. All members from Manolaya residential care were participated and recognised with a certificate. Activities are divided according to age group, thus members enjoyed a lot in the activities.

Unforgettable Memories: Birthday Celebration

The celebration of student birthdays, particularly when marked by the presence of parents and extended family, serves as a poignant reminder of the vital role family support plays in a child's development. These occasions, filled with the joy of cake-cutting, dancing, and shared laughter, go up festivities, becoming cherished and enduring memories for our students. The added presence of grandparents, uncles, and aunts underscores the strength of our community and reinforces the understanding that each student is embraced by a network of unwavering support. **This collective family involvement contributes** significantly to the student's emotional well-being, fostering a sense of belonging and confidence that is essential for their academic and personal growth.



Memorable Time: Picnic Diaries

"This picnic was truly a wonderful experience for the children! Going to a place like Pratapgarh, enjoying the natural beauty, and engaging in various activities was a very fun and memorable occasion for them. Taking group photos, voting, and participating in games together - all these activities not only provided enjoyment for the children but also enhanced their social skills.

Through such picnics, children understand the importance of teamwork and unity. By spending time with each other, they experience feelings of friendship and cooperation. Trying different types of food was also a new and exciting experience for the children, and during games, they developed both their competitive and collaborative skills."



A New Beginning: Marvel Manoj Journey



"Marvel Manoj is an autistic child who initially wouldn't allow his teacher to approach him and showed no interest in doing any work. Being autistic, he doesn't easily socialize with new people, so the teacher faced many challenges while working with Marvel in the beginning. However, the teacher handled the situation very patiently and peacefully, and according to the circumstances, started working with Marvel based on his specific needs. As a result, Marvel has shown significant improvement.



"An Inspiring Road to the South Asia Cup"

Meet Kaka, a 17-year-old athlete who participated in the South Asia Cup, a 7-a-side Unified Football Competition of Special Olympics held in Dhaka, Bangladesh from 16-20 April 2024. Wearing Jersey number 5, Kaka played a vital role in his team's success as a valuable defensive player. Despite having an intellectual disability, Kaka was enthusiastic and determined to represent India.

Kaka is studying 10th grade at Manovikas School for Inclusion and living in Manolyala Home. He came to Manovikas ten years ago after living in a church with his father for bread and shelter.

Kaka's remarkable journey from Manovikas School to international sports champion shows how proper support transforms lives. Finding stability at Manolya Home, he discovered his talents in football, athletics, and bocce. Despite pandemic challenges, Manovikas' unwavering support and Special Olympic Bharat's training led to his medal-winning performance at the South Asia Cup. His story inspires others, proving that with opportunities and determination, people with disabilities can achieve greatness.



Pic: South Asia Cup, a 7-a-side Unified Football Competition, Dhaka



Kaka has won numerous dance competitions and is considered a champion.

Saath- Saath Quality of Life Care Centre

The Quality of Life Programme (QOL) is a specialist day centre in urban slums that provides comprehensive care for young people and adults with severe and multiple disabilities. With trained staff, QOL offers personalised support through art, vocational training, physiotherapy, speech therapy, counselling, recreational outings, and social skills development. It serves as a safe, stimulating space for individuals unlikely to benefit from further education or training, aiming to enhance their quality of life.



Total Students - 22



Cultural Growth Through Student Participation

Students' active involvement in traditional celebrations like Saraswati Puja, Holi, Diwali Mela, and Ganesh Puja enriches their understanding of diverse customs. These events strengthen community bonds while providing platforms for cultural expression and exchange. This approach fosters cultural pride and awareness among students, marking meaningful progress in their cultural development.

Stimulating and creative activity for High Support need student

- Make My Choice
- Communication Skill
- Self Care and Sexuality Education
- Art & Craft
- Personal Grooming and Hygiene
- Non Gas Cooking
- Story and Poetry
- Physical Education
- Music and Dance
- Self-Determination Training



“Classroom Activities Spark Engagement and Participation Among Students”

Family Engagement Initiatives

- Conduct one-on-one meetings with caregivers.
- Offer detailed updates about each activity.
- Involve families in all major events.
- Encourage their participation to strengthen trust and mutual support.



Sunrise Learning School Sports Meet

Event	Winner
50m Race	Nikhil
100m Race	Mukesh
Shot Put	Krishna
Football	Usha



Aryan's progress is very positive!



Aryan's positive progress is evident as he has transformed from being very hyperactive to becoming calmer and more balanced after receiving targeted support and consistent engagement in constructive activities. His behavioral problems have significantly decreased, and his communication skills have improved, enabling him to better express his thoughts and feelings. Through life skills training in personal hygiene, grooming, and independent traveling, Aryan has gained greater self-reliance and independence in daily life, and he now actively participates in activities with a more settled demeanor—all promising developments for his future.



A New Beginning: Manan Journey



मनन- सकारात्मकता की ओर बढ़ते कदम

मनन, Attention Deficit Hyperactive Disorder (ADHD) से ग्रसित हैं बालक स्लम समुदाय से आता है वह कई प्रकार की व्यावहारिक चुनौतियों और समस्याओं से हमेशा घिरा हुआ रहता था। साथ साथ में आने के बाद उसके साथ कई प्रकार की एक्टिविटी Physiotherapy and speech-language therapy, Social skills, one to one session, Personal Grooming and Hygiene, Music and Dance, Self-Determination Training, Make My Choice, Communication Skill इन सब के बाद , जहां मनन को कक्षा में लंबे समय तक बैठना कठिन लगता था, अब वे धैर्यपूर्वक पूरे समय कक्षा में उपस्थित रहता है। पहले जो आँखों में आँखें डालकर बात नहीं कर पाते थे, अब वे आत्मविश्वास से सबकी आँखों में देखकर संवाद करता है। जहाँ उसे भोजन के लिए दूसरों की मदद लेनी पड़ती थी, अब वे खुद से खाना खाने लगा है यह उनके आत्मनिर्भर होने की दिशा में एक बड़ी उपलब्धि है। इसके अलावा, वे अब अपने सामान की पहचान करने लगा है और उसे सही स्थान पर रखने में भी सक्षम है।

इन सभी सकारात्मक परिवर्तनों ने न केवल मनन को बल्कि उनके माता-पिता के मन में भी आशा और विश्वास को बनाया है। वे अब और अधिक ऊर्जा के साथ मनन के उज्ज्वल भविष्य के लिए संघर्ष करने को प्रेरित होते हैं । यह बदलाव परिवार और शिक्षकों के सतत समर्थन और सहयोग से संभव हो पाया है।

मनन की यह यात्रा प्रेरणा का प्रतीक है – मनन आज न केवल एक बेहतर विद्यार्थी हैं, बल्कि आत्मनिर्भरता की ओर बढ़ता हुआ एक उज्ज्वल भविष्य भी हैं।



Aarambh Child Care Centre (A3C)

As an Early Childhood Care and Education (ECCE) provider, A3C plays a vital role in supporting the habilitation of children and preparing them for admission into mainstream schools. This is achieved through strong partnerships with families and communities, ensuring a holistic and inclusive approach. The program focuses on developing key social capacities such as sensitivity, good behavior, courtesy, ethics, and personal and public cleanliness. Additionally, it emphasizes teamwork, cooperation, and therapeutic assistance, fostering an environment that nurtures the overall growth and readiness of each child.

Child Care Centre



Lighting it up Blue for Autism Awareness Day Celebration

The Manovikas family marked Autism Awareness Day with a meaningful celebration focused on promoting understanding and acceptance of individuals with Autism Spectrum Disorder (ASD). Renowned psychiatrist Dr. Nimesh Desai, the guest of honor, shared insights on autism, co-occurring conditions, and practical caregiving strategies. He engaged with parents, addressing their challenges and offering guidance.



With his wealth of knowledge and experience, Dr. Desai guided the special educators and parents of children with autism on how to provide proper medication, care, and support for their loved ones. He also shed light on the various disabilities that often accompany autism, such as sensory processing disorder, ADHD, and intellectual disability,

The event featured:

1. **Interactive workshops:** Parents and educators participated in hands-on workshops that demonstrated effective strategies for supporting individuals with autism.
2. **Panel discussion:** A panel of experts, including Dr. Desai, discussed the latest research and trends in autism treatment and support.
3. **Resource fair:** Local organizations and service providers showcased their resources and services for individuals with autism and their families.

Events Participated by Aarambh Students

Event	Description
Independence Day	Celebrated national pride and freedom.
Janmashtami	Commemorated Lord Krishna's birth with enthusiasm.
Ganesh Pooja Celebration	Honored Lord Ganesha with traditional rituals.
Saraswati Pooja Celebration	Worshipped the goddess of knowledge and learning.
Diwali Mela	Enjoyed the festival of lights with fun activities.
Sports Event at Sunrise Learning Center	Promoted physical activity and teamwork.
Children's Day Celebration	Honored childhood and learning.
Picnic at Madhavgarh Farm House	Enjoyed nature and bonding with peers.
World Disability Day	Promoted inclusivity and accessibility.
World Down Syndrome Day	Raised awareness and promoted understanding.
Republic Day	Celebrated national pride and constitutional values.

Collaboration with Mainstream School

Aarambh Center has taken a significant step by coordinating with a mainstream school in East Delhi to enroll 7 students in 2024.

Key Aspects of the Initiative

1. Student Selection: Identifying 5 students who would benefit from this program.
2. School Partnership: Collaborating with a mainstream school in East Delhi to facilitate enrollment.
3. Support and Accommodations: Ensuring necessary support and accommodations are in place for the students' success.

Children's Day celebration

The Aarambh Team hosted a joyful Children's Day celebration at Manovikas School, beginning with a vibrant assembly and creative food-making activities like vegetable sandwiches and Bhelpuri, supported by teachers and parents. The school came alive with colorful decorations and cheerful outfits. Children enjoyed games like musical chairs and danced with friends, wrapping up the day with tasty treats of samosas and fruits. The event was a heartwarming celebration of childhood, creativity, and joy.



Jay

Aish

Asha

Arbab

Disha

Shazab

Aliya

Piyush's Journey: A Story of Progress and Triumph

Piyush, an 8-year-old with Autism Spectrum Disorder, has shown remarkable progress with the unwavering support of his mother. Once facing challenges such as difficulty sitting during group activities, frequent spitting, and trouble following instructions, Piyush has gradually overcome these hurdles. He can now sit attentively for up to 15 minutes, actively engages in puzzles, and has shown improved social behavior. His affectionate nature was beautifully recognized when he received the "Valentine Award for Most Affectionate Student 2024," highlighting his emotional growth and connection with peers. Central to this transformation has been his mother's consistent dedication—offering personalized support, adaptive learning strategies, and positive reinforcement—proving vital to his development. Her tireless efforts were rightfully acknowledged with the "Best Parents Award 2024." Together, Piyush and his mother form a heartwarming duo whose journey reflects the powerful impact of love, patience, and family support in shaping the lives of children with autism.



Meet Anant Bansal: A Singer

Anant Bansal's journey of hope and inspiration. Despite all challenges, Anant has made tremendous strides in his personal growth and development. With the help of dedicated teachers and caregivers, he has learned to adapt and thrive in new ways. One of the most remarkable aspects of Anant's story is the way he has discovered his passion for singing. These creative outlets have become a source of joy and connection for him, allowing him to express himself in ways that transcend words.



Aarambha at Glance

Activities	Numbers
Enrolment	37
Girls	4
Boys	19
Children with ASD	8
Children with IDD	10
Children with Multiple Disabilities	4
2024 Academic Days	195
Speech Therapy sessions	1630
Occupational Therapy session	155
Coordination with Inclusive Schools	4
Parents Teachers Meeting	5
Co Curricular Activities Participation	11

Manovikas School for Inclusion

Dedicated to Equal Learning Opportunities

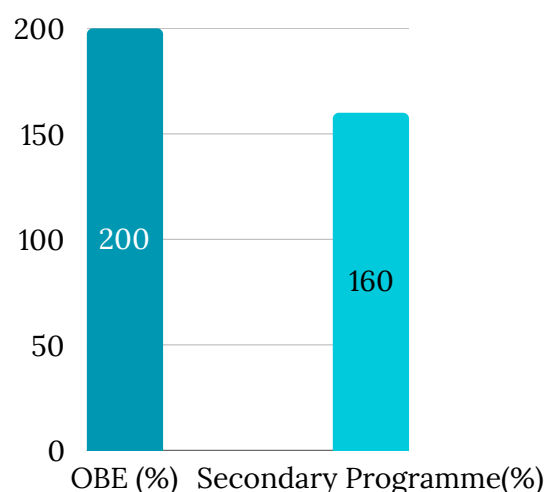


Manovikas School For Inclusion provides opportunities for gaining education from primary to senior secondary level irrespective of their age, sex or geographical location, including children with Intellectual and Developmental Disability, Autism, Cerebral Palsy, Multiple Disabilities even school dropouts, either socially marginalized or belonging to an economically weaker section of the society.



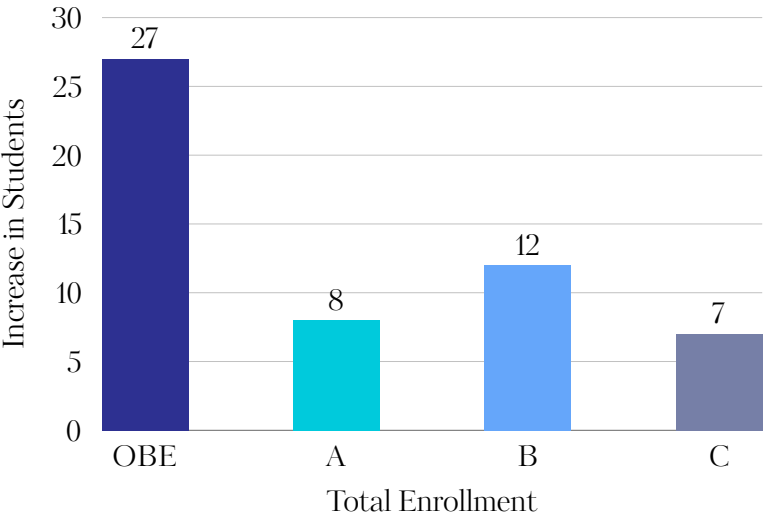
We use **Key Performance Indicators (KPIs)** to track academic progress, graduation rates, and participation in inclusive activities. Assessments highlight strengths and areas for improvement, guiding personalized support. Post-education tracking helps measure future success. Regular evaluations refine teaching methods, ensuring fair opportunities and fostering growth for every learner.

MSI's inclusive curriculum drives IDD students success, increasing admissions. OBE enrollment grew by 200%, and the Secondary program expanded by 160%, reflecting its impact. Families trust MSI's quality education, ensuring better opportunities and inclusive learning for all.



Students	Total	Girls	Boys
OBE	27	4	23
Secondary	18	1	17
Senior Secondary	4	2	2
Quality of Life (QOL)	10	2	8

MSI students work hard to achieve their goals. Our **OBE program** has 27 students (4 girls, 23 boys) striving for success. The **secondary and senior secondary programs** have 18 and 4 students, respectively, focused on their education. **The Quality of Life** program supports 10 students in building a better future. With dedication and MSI's support, every student grows, learns, and moves closer to their dreams, shaping a brighter tomorrow.



Programme	Total
OBE	27
A	8+
B	12+
C	7+



A New Beginning: Vaani's School Journey

From Fear to Confidence

Vaani, a 13-year-old student, struggled with school anxiety and social isolation after joining MSI at Level B in 2024. She felt disconnected and hesitant, but her teachers and classmates formed a support system to help her feel included. Through encouragement, group activities, and mentorship, Vaani slowly gained confidence. She discovered a passion for mathematics, actively participated in class, and built friendships. Over time, she transformed into an enthusiastic and self-assured learner. Her hard work paid off—she passed her Level B exams with good marks and was promoted to Level C. Today, Vaani is excited about learning, growing every day, and inspiring others with her journey of resilience and self-discovery.



Events Organised

1." Transform Your Classroom: The Ultimate Teacher Training Program"

Manovikas School for Inclusion successfully conducted a teacher training program led by Principal Mrs. Indira Alok to support students requiring high assistance. The sessions addressed physical, cognitive, and emotional challenges, equipping teachers to provide personalized support in areas such as mobility, learning disabilities, and behavior management.



The training emphasized adapting approaches to evolving student needs, ensuring younger students receive physical support while older ones develop learning and social skills. Strategies like differentiated instruction, group learning, and assistive tools such as communication devices were highlighted. Collaboration with special educators, therapists, and parents, alongside ongoing professional development, reinforced the school's commitment to an inclusive learning environment.



2. A Heart warming Independence Day Celebration at Manovikas School for Inclusion



Manovikas School celebrated Independence Day with enthusiasm and creativity, showcasing students' talents through dance and music performances. Energetic dances and patriotic songs expressed love for the country, captivating the audience. The school campus, adorned with national colors and festive decorations, created a vibrant atmosphere. Teachers and staff guided the students, ensuring inclusive participation.



The celebration concluded with the entire school singing the national anthem, fostering unity and pride. This memorable event brought the school community together, honoring the spirit of freedom and patriotism.



3. Diwali Mela: Cultural programme

The Diwali Mela at Manovikas School is a joyful celebration of inclusion and togetherness. Students showcase their talents through dance, cultural activities, and handcrafted items. Food, toy, and festive stalls add to the lively atmosphere, making it a memorable event for all.



4. Mother's Day Special: Celebrating Grateful Moms Everywhere

Manovikas School celebrated Mother's Day with joy and inclusivity, engaging mothers in fun activities like "Bujho To Jaane," "Look and Find," "Flip the Bottle," and "Chain Banao." Every mother was declared a winner, ensuring appreciation for all. Laughter and warmth filled the event, strengthening community bonds and leaving attendees feeling valued. Positive feedback highlighted the thoughtful planning, making the celebration a memorable success.

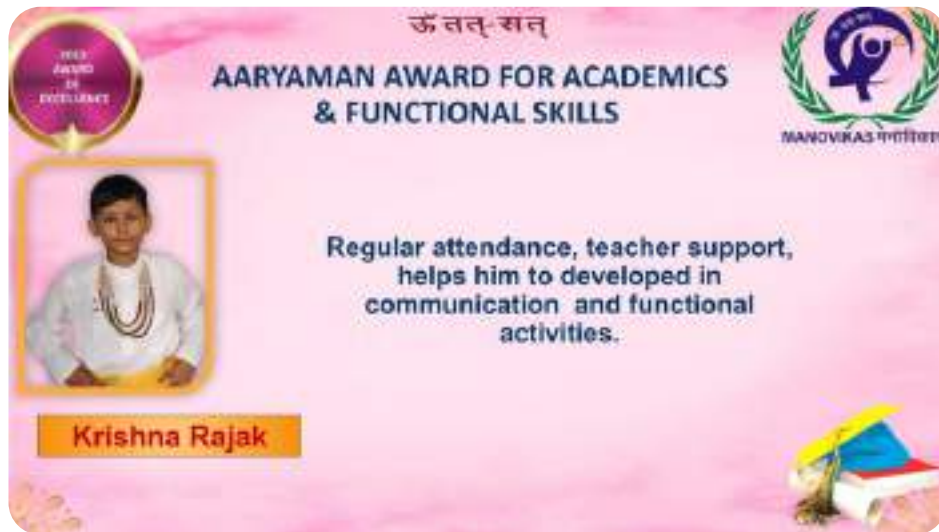


5. 9th Convocation Cum Award Ceremony and Vaidya Pandit Kailash Mishra

LAL ADVANI MEMORIAL AWARD :- Shivanshu pursuing for secondary examination even after having Intellectual Disabilities. Shivanshu is not only punctual and hardworking. Beyond his academic pursuits, he actively participates in cultural activities and engages in various art and craft projects



5.2 AARYAMAN AWARD FOR ACADEMICS & FUNCTIONAL SKILLS:- Krishna Rajak Regular attendance, teacher support, helps him to developed in communication and functional activities.



5.3 NATRAJ AWARD FOR THE BEST STUDENT IN CULTURAL ACTIVITIES :- Afreen is 12 years old with intellectual and developmental disabilities, She is also having hearing problems. She has enrolled for OBE level B.



6. “Smile Class: Building Confidence and Skills Every Day at Manovikas School!”

Students at Manovikas School for Inclusion participate in daily Smile Class activities including English learning, general knowledge, dance, yoga, games, and storytelling. These sessions enhance communication skills, confidence, and social interactions while building practical knowledge and vocabulary. The holistic approach—incorporating creative expression and physical activities—empowers students for success both academically and in everyday life.

7."Triumph of Perseverance: Srikar Prasad's Outstanding Achievement"



Srikar Prasad, a bright and determined student with Autism, showcased his talent by securing 3rd place in a school quiz competition. His dedication and hard work impressed everyone. With the patient guidance and encouragement of his teachers, Srikar gained confidence and enhanced his knowledge during the preparation process. During the competition, Srikar demonstrated remarkable focus and enthusiasm, making his teachers and classmates proud. His achievement highlights that with the right support and encouragement, every child can excel and shine in their unique way, embodying the spirit of perseverance and success.

Events Participated by Manovikas School for Inclusion Students

Programme	Description
RAINBOW (Kothari school)	At Rainbow, students enjoyed fun activities, showcased talent, and received prizes with big smiles.
Sarswati pooja	All joined in devotion, ending with a respectful Saraswati aarti.
Amrit Udyan	Student visited Amrit udyan.
Bocce game	Students played Bocce with excitement, showing great skill, sportsmanship, and enjoyment.
Singing Competition	Students showcased their vocal talent with enthusiasm and confidence.
Sunrise Learning	Engaging sessions promoted inclusive education and joyful learning
Aashirwad Foundation of india	Students enjoyed Bocce and Shot Put, showing strength and sportsmanship.
Football Championship	Teams played with passion and teamwork in an energetic tournament.

1. International Yoga Day



On Yoga Day, the National Trust organized an inclusive event at Manovikas School, promoting mental and physical well-being. Expert-led sessions ensured accessibility for all, fostering relaxation, focus, and flexibility. Interactive workshops and mindfulness activities enriched the experience, creating a sense of unity, empowerment, and holistic growth for every participant.

2. The Stars of Tomorrow: Our Students in the Le Rhythm Talent Show

Le Rhythm School hosted a vibrant talent show featuring singing, dancing, and tabla performances. Six students from Manovikas School participated, showcasing their skills. Kaka's energetic dance impressed the judges, earning him a spot in the finals. The event celebrated creativity, collaboration, and the talents of all participants.



Manovikas Charitable Society of Distance Learning, affiliated with Indira Gandhi National Open University (IGNOU), operates as Study Centre-29047D. Currently, we have four special students, all enrolled in IGNOU's Bachelor Degree program. We are proud to have 36 certified Academic Counselors approved by IGNOU working at our Study Centre. Furthermore, our institution actively promotes its academic ventures across multiple social media platforms.

Successfully conducted TEE Examination for both sessions

During the IGNOU TEE examinations in 2024, we facilitated 6,501 students in December and 5,588 in June, including 10 special needs students at our Manovikas IGNOU Special Study Centre-29047D. We provided superior facilities following IGNOU guidelines, with trained staff and scribes ensuring equal opportunities for all candidates, particularly those with special needs.

Data Point	Value
Academic Counselors Approved	36
Examinees – TEE December 2024	6,501
Examinees – TEE June 2024	5,588
Special Examinees Supported During Exams	10
Learners in CESEIID Programme (Early Childhood Special Ed.)	12



CESEIID Programme Allocation for July 2024 Session

In the July 2024 session, Manovikas Special Study centre-29047D allotted a new certificate programme- ***“Certificate in Early Childhood Special Education Enabling Inclusion: Intellectual Impairment (CESEIID) programme”***. This programme, commencing from the July 2024 session, aims to equip learners with the knowledge and skills necessary to support young children with intellectual impairments. We have been allotted 12 learners under this programme and look forward to providing them with a supportive and inclusive learning environment.




Admission Open 2025-2026

Manovikas Institute For Higher Education



Join the Certificated Course
Early Childhood Special Education Enabling Inclusion
Intellectual Disability Programme (CESEIID)
Manovikas Institute for Higher Education
Admission Open For January 2025
Become a Special Educator Approved by IGNOU and Rehabilitation Council of India (RCI)

Hurry up Admission Opens till February 28, 2025

Go to the link below and register for CESEIID Programme
<https://ignouadmission.samarth.edu.in/>

Contact us For More Information
9911107772  www.ignou.manovikas.family

80 A, Radhey Puri Extn-1, Swami Dayanand Marg, Jagatpuri Delhi - 110051

Think College

In 2019, Think College embarked on a groundbreaking venture to support individuals with intellectual and developmental disabilities (IDD) in their pursuit of higher education. Through collaboration with Dr. Umesh Sabharwal and Home of Hope, we aimed to empower students with IDD by equipping them with new skills, fostering friendships, and promoting independence.

Our approach combines IDD awareness initiatives with targeted student support and specialized curriculum development. We aim to create inclusive college environments that help individuals with IDD maximize their potential. Our comprehensive outreach program has connected with 38 colleges, engaging students, faculty, and staff to promote inclusion awareness.



Think College conducted five awareness programs at the following institutions

Satyawati College

Miranda House

Kirorimal College

Shaheed Rajguru College

Maharaja Agrasen College

Activities such as educational sessions, street plays, quizzes, and music competitions promoted inclusion and disability awareness. As a result, three Think College learners have enrolled in graduation courses at IGNOU, marking a significant step toward inclusive higher education.



Making Moves for Higher Education: Think College's National Seminar Review

A two-day National Seminar on Reasonable Accommodation for Individuals with Intellectual and Developmental Disabilities in Inclusive Higher Education was organized by Think College on April 5-6, 2024. The event began with a keynote by Dr. Alok Kumar Bhuwan, Managing Secretary of Manovikas Charitable Society, emphasizing the importance and challenges of reasonable accommodation in higher education. Technical sessions featured experts like Dr. Himagshu Das, Former Director of NIEPVD, who discussed key principles, policy frameworks, and innovative pedagogical approaches such as universal design for learning and assistive technology. The seminar fostered knowledge sharing, policy discussions, and networking to enhance inclusive education practices.



Inclusion in Action: World Down Syndrome Day with Think College

Think College celebrated World Down Syndrome Day by bringing together students from Manovikas School for Inclusion and Deepalaya Project Sambhav Special School. The day featured engaging activities like bubble-blowing, color matching, and picture puzzles, fostering joy and social interaction. Recognizing the significance of this global day, Think College remains committed to promoting awareness, acceptance, and inclusivity for individuals with Down syndrome.



Diploma In Education Special Education (Intellectual Disability)



The Vedic Dance and Music Therapy Workshop

March 11–14, 2024

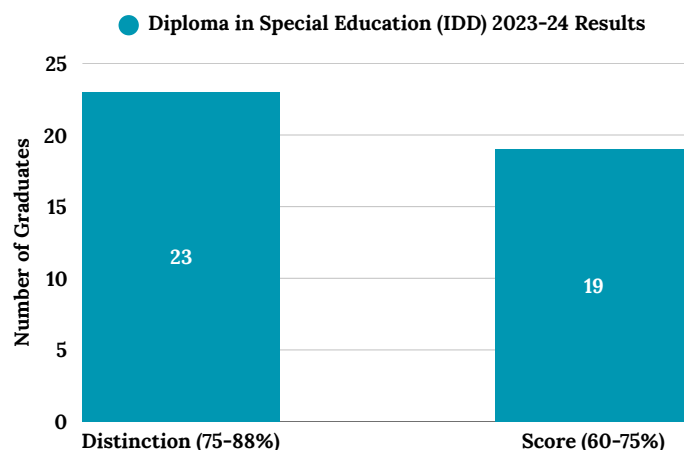
The workshop, led by Dr. Alok Kumar Bhuwan, explored the therapeutic potential of Vedic dance and music with all Diploma in Special Education trainees participating. Each day commenced with Guru Vandana and Shanti Path, establishing a spiritual foundation for examining the Pancha Bhuta (Earth, Water, Fire, Air, and Space) for comprehensive wellness. The program highlighted Rasa—the nine emotions expressed through dance—using Mudras (hand and body gestures) to develop emotional depth and expression.

Creative musical instrumentation sessions culminated in integrated presentations combining dance, song, and instruments. The final day featured a reflective feedback session where participants shared their insights and experiences. Overall, the workshop proved transformative, rejuvenating participants and inspiring gratitude toward Dr. Alok Kumar Bhuwan for orchestrating such a meaningful experience.



Trainees Celebrating Excellence

Manovikas Institute for Higher Education proudly celebrates the achievements of 42 graduates from the 2023–2024 Diploma in Special Education (IDD), affiliated with the Rehabilitation Council of India. Among them, 23 earned distinction (75–88%), and 19 scored between 60–75%. The strong performance, especially by female trainees, reflects our inclusive and effective academic approach. The convocation marks a milestone in their journeys, supported by tailored career guidance and continuous curriculum improvement. We applaud their dedication and look forward to their impactful futures!



Creating Engaging Lessons for All: UDL in Inclusive School

34 teachers trainees of Teachers Trainees of Diploma special education imparting the Universal design of Learning in Inclusive school in Delhi and NCR, MCD Shastri Park, Laxmi Public School Karkardooma, Lovely Public School Priya Darshani Vihar, Delhi, Swami Hariharanand Public School Yamuna Bazar Platinum Valley International School, Lovely Public School Nirman Vihar for support the Students with special need in inclusive environment. They all implement the Technology based module. Total 34 trainees in 5 Inclusive school and approx 150 hours.



Empowering high support need students and their families

35 second-year D.Ed. Special Education trainees completed a practical assignment involving home visits to children with high support needs. They educated parents about disabilities, shared supportive strategies, and addressed behavioral challenges. Each trainee worked with two children, fostering trust with families and gaining valuable hands-on experience. The experience was deeply transformative for both trainees and families.



Awareness towards Disability by Teacher Trainees

Teacher trainees performed vibrant Nukkad Nataks at locations like Kirori Mal College, Delhi, promoting inclusivity and awareness for persons with disabilities. Through energetic enactments, they addressed political, social, economic, and cultural challenges, fostering empathy and sensitivity. The performances resonated with audiences, emphasizing the need for a more inclusive and respectful society.

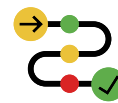


Integrated Development and Skill Program (IDSP)

The Integrated Development and Skill Program (IDSP) at MIHE is committed to its core mission: "Devoted to helping individuals with intellectual and developmental disability to reach their full potential to become self-sufficient, productive members of society." This report highlights the significant strides made in 2024 through our diverse skill development initiatives, focusing on empowering individuals with practical, market-relevant skills.



Program Highlights and Achievements



Basic Data Entry Operator Training:

software skills: Microsoft Office Suite (Word, Excel, PowerPoint), and Basic Photoshop.

Five students successfully completed the program, acquiring valuable digital literacy.

Love Arts Training Lab for Handicraft Design:

Five students engaged in creative handicraft design training, fostering artistic expression and entrepreneurial potential.

Vocational Training at Govt. Sarvodaya Vidyalaya:

In partnership with Govt. Sarvodaya Vidyalayas and CBSE, vocational training was integrated into mainstream education. During the summer break, 111 girls from Anand Vihar participated, while 80 girls from Bhola Nath Nagar, Shahdara, took part in the winter session —empowering them with practical skills and career exposure

"Empowering Skills: Bridging Data Entry and Beauty at MIHE"

A holistic approach to skill development, combining digital literacy with beauty and wellness expertise. Participants gained practical skills, enhancing employability and self-reliance. Demonstrated MIHE's commitment to well rounded education.



A New Beginning: Shubham Chaudhary Journey



Success Story: Shubham Chaudhary

Shubham Chaudhary, a former trainee of skill development course (domestic data entry operator) , is a shining example of the Lab's transformative impact. After completing a data entry course and gaining valuable work experience, Shubham is now successfully employed as a Computer Assistant Trainee. He overcame initial challenges and developed strong skills in Excel, Photoshop, and Illustrator. Shubham's success story highlights the power of dedication, support, and the valuable skills gained through the ACE Lab.



Discover the Artistry of ‘Love Arts’

‘Love Arts’ remains a pioneering training lab, celebrating the extraordinary handcrafted creations by individuals with Intellectual and Developmental Disabilities (IDD). Guided by the motto “Love Grooms by Giving”, Love Arts stands as a symbol of inclusion and empowerment. These handcrafted pieces are more than just gifts—they are heartfelt expressions of appreciation for loved ones, business partners, and others, while also supporting a meaningful cause by providing employment opportunities to individuals with IDD through both online and off-line channels. Let’s keep spreading love, one craft at a time, with Love Arts.

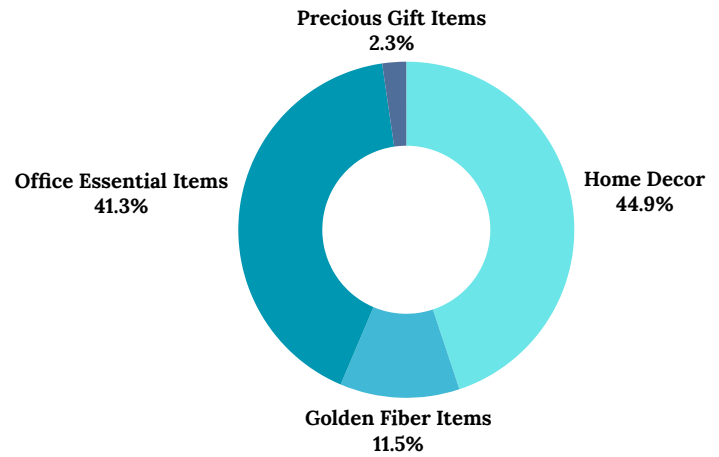
Training & Production

In 2025, Love Arts welcomed eight passionate artisans who invested 14,600 hours in the Creative Skill Development Program. They crafted over 400 unique items across four categories: Embellished Home Decor (wall hangings, table runners), Golden Fiber Jute Products (coasters, bags), Office Essentials (pen holders, desk organizers), and Precious Gift Items (decorative boxes, keepsakes). By year-end, 150+ products were available for purchase on www.lovearts.in.



Production and Sales Overview

Product	Production	Total Sales
Embellished Items (Home Decor)	400	390
Golden Fiber Items (Jute)	186	100
Office Essential Items	370	359
Precious Gift Items	64	20



Impact and Recognition

The impact of Love Arts goes beyond skill development, fostering confidence and social integration among its participants. During exhibitions, artisans like Priya actively engaged with customers, proudly showcasing their creations and sharing their stories. This interaction has been instrumental in building their self-esteem and challenging societal stereotypes about individuals with IDD. Customer feedback continues to highlight the exceptional quality of Love Arts products. Anjali Verma, who purchased an Embellished Item (Home Decor) for her living room, shared, “The wall hanging added such a vibrant touch to my home—it’s truly a work of art!” Such testimonials reflect the program’s success in empowering its artisans through creative and vocational training.



Future Outlook

Looking ahead to 2026, Love Arts plans to further enhance its online presence by introducing new features to its shopping portal, making it easier for customers worldwide to access their products. The program will continue to nurture the talents of individuals with IDD, offering them opportunities for Financial independence and personal growth. By participating in more exhibitions and forming additional partnerships, Love Arts aims to amplify the voices and talents of its artisans on a global stage.



Shuchita Program

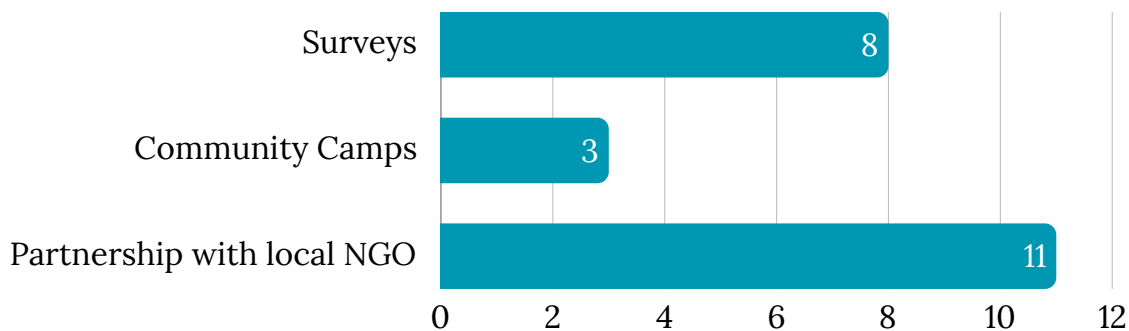
The Shuchita Program, a targeted initiative for girls and women with Intellectual and Developmental Disabilities (IDD) in slum communities, has made significant strides in 2024 towards inclusion, empowerment, and education. Through data-driven needs assessment, personalized support, training modules aligned with NEP 2020, and strong community collaboration, the program has successfully impacted the lives of young women and their families.



Survey Implementation

a comprehensive outreach and survey initiative was carried out across underserved slum areas to identify girls with IDD and understand their needs:

Community Survey & Outreach





Objectives of the Survey

Identify and enroll eligible girls for the Shuchita Scholarship

Promote dignity, respect, and inclusion for girls with IDD

Encourage social inclusion by integrating girls into wider societal roles

Create awareness within families about the capabilities and potential of their daughters

Student Roster & Training Streams

Selection & Training Process

In 2024, 10 girls were selected based on pre-defined criteria, including disability certification, family income, education status, and motivation level. Documentation for all selected individuals has been completed.

Shahina Khatoon The Middle	Aliya The Middle	Afreen The Middle
Afsha The Middle	Himanshi The Middle	Deepika The Middle
Sehjal Secondary	Chetna Pathak Skill Training	Rakhi Skill Training
Amulya (Higher Education)		

Personalized Training & Assessment

Assessment Tools Used

Tool	Purpose	Key Areas Assessed
Functional Behaviour Assessment	To identify problem behaviors and triggers	Behavioral triggers, root causes
Cognitive Processing Inventory	To measure cognitive capacities	Strengths and cognitive challenges
Case History Assessment Tool	To analyze personal and family background	Medical, educational, social history
BASIC-MR Tool (NIMH)	For pre-test behavioral and functional skills	Communication, self-care, socialization

Person-Centered Planning (PCP)

Each participant had a tailored PCP developed, identifying:

Dreams & Aspirations

Personal Goals

Motivations

Future Roadmap



Capacity Building and Life Skills Training

Self-Care Training: 2 sessions

Sexuality & Reproductive Health: 2 sessions

Independent Living (Time Management & Travel): 2 sessions



Focus Area	Activity/Tool	Details
Family Engagement	Family Knowledge and Skills Survey	Diagnostic tool used to assess parents' knowledge, attitudes, and support needs.
	Workshops for Families	Motivation sessions with success stories; 22 home visits for deeper engagement.
Self-Advocacy & Empowerment	Advocacy Workshops	Make My Choice: Listen to Me – Expression and empowerment. My Career Choice – Goal-setting and decision-making.
	Health & Well-being Training	Enabled participants to manage physical and emotional health independently.
Sports Achievements	Events at Sunrise Learning School	Participation in 50m, 100m races, Shot Put, and Football.
	Winners	Afreen, Himanshi, Rakhi, and Chetna secured first positions.

Adult Assistance (Success Story)



Amulya's Journey: From Challenges to Self-Reliance and Hope



Amulya transformed her life through the Shuchita Project, overcoming challenges with determination while pursuing her Bachelor's degree from IGNOU, which she completed in December 2024. Her job at the Dharampal Satyapal Group of Companies has helped her become financially self-reliant, bringing her immense joy. Living at Udayan Care Home provides her safety and comfort as she now aspires to build a family like others and live happily. With newfound knowledge and support, Amulya maintains balance in her personal life while positively influencing her family and community, demonstrating how determination, hard work, and proper support can help anyone overcome challenges and work toward their goals.



Future Roadmap

This year's assessments and interventions have laid a strong foundation for:

Enhanced individual planning

Greater inclusion of IDD individuals in mainstream society

Expansion of support services for families

The Shuchita Program continues to reaffirm its commitment to dignity, choice, and opportunity for all girls and women with intellectual and developmental disabilities.



Afsha's Inspiring Journey Through Challenges



Despite her bladder condition, Afsha persistently pursued her education with her family's crucial support. Through the Shuchita Project's home-based education program, she continued learning despite numerous challenges. After her health improved, she joined the "Saath Saath" program, studying OBE Level-B curriculum, which brought her renewed energy and purpose. During a special visit to Manovikas School, Afsha met the Shuchita Project founders, Ravi and Ruchi Oswal, who were deeply impressed by her enthusiasm and achievements. They encouraged her future success, demonstrating how determination and proper guidance can help overcome any difficulty. This meaningful encounter inspired both Afsha and the Shuchita Project team.

Aaryaman Center for Excellence (ACE)

Ace Lab provides advance tools, technologies and instructional support for the Manovikas students with various types and degrees of Persons with Intellectual and Developmental Disabilities (PIDD) condition, staff of Manovikas, D.Ed Trainees, Skill Knowledge Programme (SKP) students of AICTE. It is supported by Shree Bashiram Virodevi Jain Charitable Society & Dr. Nilima Sabharwal and family.



ACE Lab Impact Summary

Student Achievement

- 38 students with IDD received computer training
- 69 diploma students created teaching materials
- 111 total students benefited, logging 3,600+ hours

Educational Support

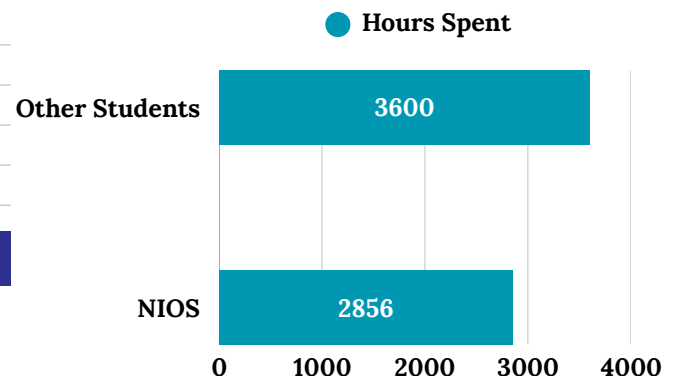
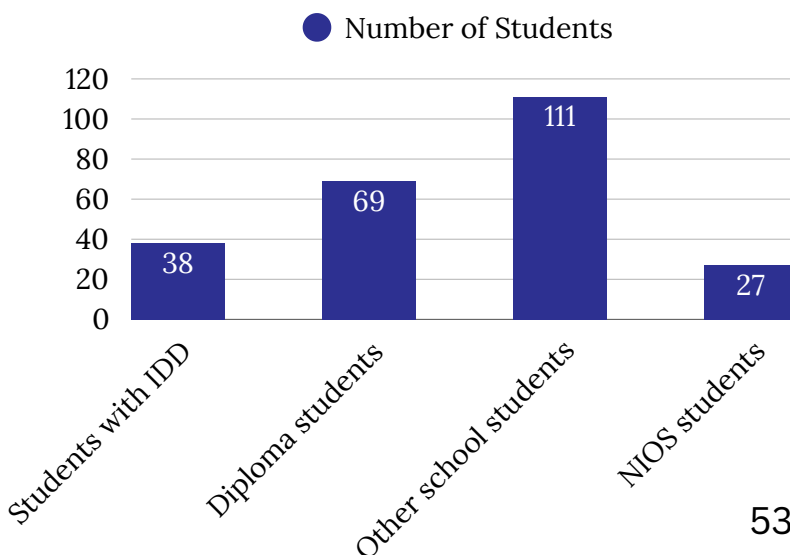
- 9 teachers utilized the Lab for educational resource creation
- 27 NIOS students engaged in study sessions (2,856 hours)
- 34 students received exam preparation assistance

Community Partnerships

- Continued MIHE collaboration with career-focused monthly webinars
- Provided alternative teaching space during pollution events
- Established government job exam preparation programs

Inclusive Learning Initiatives

- Delivered teacher training on inclusive education
- Created accessible learning materials
- Implemented assistive technologies
- Conducted life skills training focusing on communication, self-care, vocational skills, and financial literacy



Success Story: Bhagwati – From Computer Fear to Digital Empowerment

Bhagwati, a devoted teacher at Manovikas School for Inclusion (MSI), once struggled with the digital tools essential to modern teaching. Unfamiliar with computers, she found tasks like designing worksheets, schedules, and newsletters daunting. However, her determination to overcome this barrier led her to the ACE Lab at Manovikas, where she received the resources, support, and training she needed. In just three months, Bhagwati evolved from a novice to a confident user of Microsoft Office, creating engaging digital stories and even managing the school's website.

Her transformation, marked by the words, “Previously, I was afraid to work on a computer, and now, I lose track of time while working on it,” reflects the power of accessible technology and consistent mentorship. Grateful to the HOH team and donors, Bhagwati’s journey is a shining example of how digital empowerment can revolutionize teaching and unlock a teacher’s full potential.



The ACE Lab remains vital for students with IDD, advancing inclusive education through direct instruction, teacher development, and strategic partnerships in 2024. Its supportive learning environment has delivered meaningful outcomes, with Shubham's success highlighting the importance of continued investment in accessible education and skills training for individuals with disabilities.



Sachetan

Sachetan is a science-backed mindfulness tool that enhances focus, reduces stress, and promotes overall well-being. Rooted in brain science, it encourages present-moment awareness by calmly accepting thoughts and feelings without judgment. More than just a practice, Sachetan is a way of life that supports emotional balance, self-awareness, and personal growth. It also serves as a therapeutic approach for people of all ages. Over the year, Sachetan delivered **298 episodes, covering 47 diverse topics like Panchtantra, Shab-e-Barat, and Buddha Dharma, with 783 online participants** engaging in meaningful, culturally enriched sessions.



1st J.C. Gupta Memorial – 5th July 2024

On 5th July 2024, Sachetan hosted the 1st J.C. Gupta Memorial, attended by 144 participants, including family members, students, and staff. The event honored the memory of J.C. Gupta and celebrated his contributions to education and public welfare. It offered a space for remembrance and gratitude, emphasizing the values he stood for and their relevance in today's world.

Ganesh Chaturthi Celebration- 7th to 11th September 2024

From 7th to 11th September 2024, Sachetan organized a vibrant and devotional Ganesh Chaturthi celebration filled with joy, tradition, and community spirit. Lord Ganesha was welcomed with great enthusiasm, and the celebration spanned five days, featuring daily aartis, prasad distribution, and cultural activities.



A total of 189 people participated throughout the event, receiving blessings and engaging in spiritual connection. The celebration concluded with a heartfelt and traditional Ganesh Visarjan, uniting everyone in devotion and joy. The event was a beautiful blend of faith, festivity, and togetherness, leaving lasting memories for all involved.

Saraswati Puja – 3rd February 2025



To celebrate the goddess of wisdom and learning, Sachetan organized Saraswati Puja on 3rd February 2025. The event saw a total of 189 attendees, including students, educators, and community members, who came together to seek blessings for knowledge, clarity, and success. The celebration added a spiritual dimension to Sachetan's programming, reinforcing cultural values in a serene and respectful environment.

2nd Vikram Dutt Memorial – 5th March 2025

The 2nd Vikram Dutt Memorial was held on 5th March 2025 and brought together 150 participants, including several of Vikram Dutt's old friends and associates. The event served as a moving tribute to his legacy in the field of disability rights, education, and community empowerment. Attendees shared heartfelt words about Vikram Dutt's influence and remembered his tireless efforts. A special segment of the program presented a comprehensive report of the work accomplished across all three major projects carried his legacy during the year, highlighting their impact and continuity.





MANOVIKAS CHARITABLE SOCIETY

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